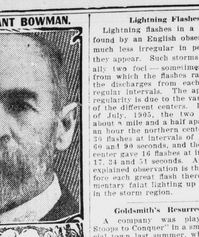
LIEUTENANT BOWMAN.



IN FORTY-EIGHT HOURS
PE-RU-NA CURED HIM.
Cold Affected Head and Throat
—Attack Was Severe.

Chas. W. Bowman, of Lieut. and Adj't. 4th M. S. M. Cart. Vols., writes from Lancaster, Md., as follows:

"Though somewhat averse to patent medicines, and still more averse to becoming a professional affidavit man, it seems only a plain duty in the interest of humanity to add my experience to the columns already written concerning the curative powers of Peruna.

"*I have been particularly benefited by its use for colds in the head and throat. I have been able to relieve myself, myself of a most severe attack, fortunately after only two days' use according to directions. I use it as a preventive whenever I feel myself taking a cold.*

"Members of my family also use it for like ailments. We are recommending it to our friends." —Chas. W. Bowman.

Ask Your Druggist for Free Peruna Almanac for 1907.

No Wonder.

Into her beautiful azure eyes,
As he kissed and called her "dear,"
There appeared a look of surprise—
For they had been married a year.
—Chicago News.

How's This?

We offer One Hundred Dollars Reward to any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & Co., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

The Man Who Coached Kipling.

Rudyard Kipling spent a winter in Washington as a boy. One day he was found peering around in the corridors of the State, War, and Navy Building.

"What is it, Mr. Kipling?" a man who knew him asked.

"I want to find the person here who knows most about steam engineering."

They referred him to Chief Engineer Melville, the great steam expert. "What is it?" asked Melville, after Kipling had been introduced.

"I want to find the man who knows most about steam engineering."

Him Perry's your man," said Melville, and he gave Kipling a card to Perry. Kipling went down to see Perry, talked to him for half a day, and then wrote his story, "Between the Devil and the Deep Sea."—Saturday Evening Post.

THE DISCOVERER

Of Lydia E. Pinkham's Vegetable Compound, the Great Woman's Remedy for Woman's Ills.

LYDIA E. PINKHAM

No other medicine for Woman's ills in the world has received such widespread and unqualified endorsement.

No other medicine has such a record of cures of female illnesses or such hosts of grateful friends as has Lydia E. Pinkham's Vegetable Compound.

For more than 30 years it has been curing all forms of Female Complaints, Inflammation and Ulceration, and consequent Spinal Weakness.

It has controlled more Kidney and Local Weaknesses than any other one remedy. It dissolves and expels tumors in an early stage of development.

Irregularities and periodical pains, Weakness of Stomach, Indigestion, Bloating, Nervous Prostration, Headache, General Debility quickly yield to it; also deranged organs, causing pain, dragging sensations and backache. Under all circumstances it acts in harmony with the female system.

It removes that wearing feeling, extreme lassitude, "don't care" and "want-to-be-alone" feeling, creating vitality, irritability, nervousness, dizziness, faintness, sleeplessness, flatulency, melancholy or the "blues". These are indications of Female Weakness or some derangement of the organs, which this medicine cures as well as Chronic Kidney Complaints and Backache, at either sex.

Those women who refuse to accept anything else are rewarded a hundred thousand times, for they get what they want—a cure. Sold by Druggists everywhere. Refuse all substitutes.

Lightning Flashes.

Lightning flashes in a storm are found by an English observer to be much less irregular in point than they appear. Such storms have usually two feet—sometimes three—from which the flashes radiate, and the discharges from each come at regular intervals. The apparent irregularity is due to the varying rates of the different centers. In a storm of July, 1905, the two feet were about ¼ mile and a half apart, and in an hour the northern center emitted 79 flashes at intervals of 15, 30, 45, 60 and 90 seconds, and the southern center gave 16 flashes at intervals of 17, 34 and 51 seconds. Another unexplained observation is that just before each great flash there is a momentary faint lighting up of the sky in the storm region.

Gold-mith's Resurrection.

A company was playing "She Stoops to Conquer" in a small provincial town last summer, when a man without any money, wishing to see the play, dropped up to the box office and said:

"Pass me in, please."

The box office man gave a loud harsh laugh.

"Pass you in—what for?" he asked.

The applicant drew himself up and answered haughtily:

"What for? Why, because I am Oliver Goldsmith, author of the play."

"Oh, I beg your pardon, sir," replied the other, in a shocked voice, as he hurriedly tore out an order for a box.—Pick Me Up.

From Malaria.

One day a man, apparently white, came into the best restaurant in Atlanta. The head waiter looked him over and thought he was a negro trying to get in fact, he was a very light quadroon.

"Say, you," the head waiter said, "you are colored!"

"Oh, no, I ain't," the man replied. "Not in the sense you mean."

"But you are darkly dark."

"I know I am, but that is because I am a Malay."

The head waiter was nonplussed. He looked again, and then asked, suspiciously: "What is a Malay? Where is he from?"

"Why," said the man, easily, "Malays are from Malaria."—San Francisco Argonaut.

PITS, St. Vitus' Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free. Dr. R. H. Kline, Ld., 931 Arch St., Phila., Pa.

The Decline Of Mirth.

The explanation that laughter is disappearing on account of the sadness of the modern view of life is discarded by Signor F. Franceschini, an Italian psychologist. He considers that mirth, like poetry, depends upon imagination, and that the development of the reasoning powers has tended to banish the distortion that makes things seem funny. The more the imagination is brought under the control of logic the less do we laugh. Education is now scientific and practical, and there is no room in it for becoming a characteristic of a simpler and more natural culture, where imagination still holds sway and people have not forgotten how to laugh.

Average Speed Of Clouds.

A member of the staff of the Blue Hill Observatory, near Boston, has reported that the average speed with which clouds, between 8,000 and 10,000 feet high, move is 60 miles an hour in midsummer and 110 miles an hour in midwinter. The swiftest flight of a cloud yet measured was 220 miles an hour.

Mixed.

Teacher—What is a coal magnate, Tommie?

Tommie—I don't know, ma'am; I only thought those things come in cheese.—Yonkers Statesman.

Lucky Man.

"Million's new chauffeur is a cheap swindle."

"Sure. Million is to be congratulated. Mine's an expensive one."—Cleveland Press.

THE SUNDAY SCHOOL.

INTERNATIONAL LESSON COMMENTS FOR JANUARY 20 BY THE REV. I. W. HENDERSON.

Subject: Man's Sin and God's Promise, Gen. 3:1-6, 13-15—Golden Text, 1 Cor. 15:22 — Memory Verse, 15.

This lesson, which is termed Man's Sin and God's Promise, might better be termed "the result of disobedience." When God met Adam and Eve into the Garden of Eden to drive it and to keep it, the Lord God commanded the man, saying, "Of every tree of the Garden thou mayst freely eat; but of the tree of the knowledge of good and evil thou shalt not eat of it; for in the day that thou eatest thou shalt surely die." God gave this command unto the man and the woman because He desired to teach them the lesson of obedience. If the story in Genesis tells us anything it clearly tells us that. The man and the woman being gifted with the power of free moral choice were to be tested as to their fitness in this demand of God that they obey Him in this one thing. Strictly speaking the Genesis story tells us that the man alone was definitely commanded of God to obey. But as the whole is a preposterous for us to assume that the woman was not a consenting one of the divine decree as was the man. It is noticeable that the Lord God put the man and woman in the Garden of Eden absolutely free to work in one particular. Their test of fitness lay in their ability to obey one simple solitary command. This tells us that that disobedience we have read. The age long consequences of this first disobedience and of centuries of sin we know.

Wherever man is commanded to obey and does obey the demands of God there trouble comes. So long as Adam and Eve obeyed the voice of God so long they were happy. And in like fashion in our day and generation joy only is to be found in the service of God, in the keeping of His several commandments in the doing of His divine will. Sin is disobedience. Adam and Eve were sinners because they willed to disobey their God. Disobedience brings for us as it brought to them inevitable, inexorable, vicious consequences. If we are to enjoy life to its fullest we must as individuals and as a society obey God. And if we shall decide by the exercise of our own free wills to disobey the voice of God as He speaks to us in our soul's life we must expect logically, consequentially and inescapeably to endure sufferings and sorrow. That is the law of life.

But thanks be to God we have the promise that however great may have been our disobedience true repentance will meet with divine favor and human sins will be nullified by the grace of God in Christ. Listening to His gospel, accepting His revelation of the redeeming and sanctifying love of God, taking Him as our guide and our Saviour, we may enter into eternal happiness and become the possessors of eternal life.

The following special notes may prove of some value:

Vs. 1. "Serpent," represents sin and evil external temptation. Without much of an imaginative stretch we might consider it the symbolism of inner and self will. "Yea—said," a subtle implication that the command was nonsensical. "Any," but God hadn't made such a prohibition. He had commanded abstinence from but one.

Vs. 2. "Fruit—eat," the woman with a greater fidelity to the truth corrects the erroneous statement of the serpent.

Vs. 3. "Touch, but with a laxity of expression that was possibly born of not the best of motives, she herself makes a definition to the divine command. God didn't tell them not to touch it.

Vs. 7-12 inc. are skipped in the lesson, but they ought to be understood. Especially is it wise to call attention to verse 12. The man and the woman in their sin "heard the sound (R. V.) of the Lord God walking in the garden." They didn't have to see Him to know the deeds of their disobedience. They had merely to hear Him in order to become frightened. The lesson is obvious. In passing the man's mainly excuses are worth noticing.

Vs. 13. God passes over the man's excuses and addresses the woman for an explanation.

Vs. 14. "Belly." It would seem that at some time the serpent moved upright, as assuredly he was not always represented. "Dust," the serpent was supposed to eat dust.

Vs. 15. "Bruise," "bruise" "crush." Of course we all understand that the heel is the part of a man's body if a snake can reach quickest. And we are also aware that our first instinct is to crush a snake with the heel. But aside from other meanings it seems as though there is a deeper meaning in this verse. We are told by reliable commentators that "this verse is regarded as the first announcement of the gospel of redemption. The seed of the woman is Christ, who crushes the serpent's head, i. e., destroys the power of sin and Satan, although He Himself suffers in so doing. There is nothing to indicate that such ideas were in the mind of the writer, but the context here and elsewhere and the serpent naturally became the symbol of the conflict between good and evil, in which good triumphed in the person of Christ, but conquered through suffering. Moreover, attentive readers of this story knew parallel narratives, in which the serpent was an evil god and his antagonist a divine redeemer, and would naturally find a similar meaning here."

The Cold Shoulder.

At a reception in Washington some time ago one of the guests, a man with a poor memory for face and, in addition, a little near-sighted, took the host aside and spoke to him in a confidential whisper.

"You see that tall man standing by the door?" he asked.

"Yes."

"Well, I was talking to him awhile ago about the terribly cold weather in Nebraska last year, and he yawned in my face."

The host smiled. "Don't you know who he is?" asked he.

"No."

"That's Lieutenant Peary, the Arctic explorer."—Harper's Weekly.

BEGINNING AT THE BOTTOM.

Father—"You must begin at the bottom."

Son—"Huh! What's the use of crawling under the auto till it stops?"—New York Life.

EPWORTH LEAGUE LESSONS

SUNDAY, JANUARY 20.

Our Heavenly Father's Consideration. —Luke 11. 5-13.

Passages for reference: 2 Chron. 16. 9; Pss. 24. 15, 17; John 16. 23, 24; Phil. 4. 19.

An earthly parent will not mock the hunger of his own boy by giving him a stone instead of bread, a serpent instead of fish, or a scorpion instead of an egg. Can we imagine that the all-perfect Father would do less than the earthly parent? Nay, will he not give in even a wiser way and bestow the best of all gifts as in clouding every lesser one? Our heavenly Father's greatest concern for us is that we should have the Holy Spirit.

Chronicles assures us that God does not even wait to be called before he is at hand ready to relieve. "The eyes of the Lord run to and fro throughout the whole earth, to show himself strong in the behalf of them whose heart is perfect toward him." Wherever his people go, there he is with them in sympathy to help.

The psalmist found that not only were the Lord's eyes open to see the righteous, but his ears were likewise open to hear their cry, and for him to hear is also to help.

In John we are assured that in the name of the Spirit's influence whatever we ask in the name of Jesus trusting in him as mediator, we shall have satisfaction. The friend of Jesus is also a friend of the Father and receives his consideration. Filial trust is commended to your careful and prolonged consideration in the wonderful sweep of its provision.

Does God care for me?

Let the meeting lay stress on this question. The basis of all true religion is that God does care, and yet we often act as if we thought he had no concern. More than that, we are stirred to do something for himself because some one showed him that he cared. Whether we do so or not, "No man cares for me" has brought many a person to the depths of despair; many steps pointing toward the suicide's grave have been turned when the men found God cared for them. We may get beyond the reach of earthly love but not beyond our heavenly Father's reach.

I know not where his islands lift
Their fronded palms in air;
I only know I cannot drift
Beyond his love and care."

CHRISTIAN ENDEAVOR NOTES

JANUARY TWENTIETH

"Man Conquerors." The Victory Over Temptation.—Gen. 3: 4-6; Matt. 26: 41; Rom. 8:37.

I heard the other day of a lady young man who was taking a little of all kinds of alcoholic drinks so that he might know their taste and—avoid them. "know" to some purpose.

No one can look long upon any such attempt without seeing the truth's conclusion that the thing is desirable. If you would be strong, make your life, not for the willing spirit, but for the weak flesh.

Probably no man ever tested Christ and temptation as Paul did; and Christ never failed him.

Suggestions.

A conqueror abides his foes; more than a conqueror transforms them into his followers.

A conqueror gains the victory over what is outside him; more than a conqueror subdues what is inside him.

We can be more than conquerors only as first we are conquered by Christ.

We are more than conquerors "through Him that loved us." "Perfect love casteth out fear"—fear of sin, as well as of everything else.

Illustrations.

The man who lifted a calf every day was able to lift a cow at last. Subdue the little temptations.

"My sword be short," said the knight, "but I add a step to it." A little natural ability, with a determination to will, can conquer any temptation.

"The fly that doesn't taste of the fly-paper can't get stuck on it."

The watchmaker must not handle bricks; our minds must be pure, to keep a sensitive conscience handle sin.

To Think About.

Am I trying to see how near I can go to sin without sinning?

Do I love my temptations, or do I loathe them?

Am I trying to conquer sin in my own strength, or in Christ's?

HANDLING A TIGER.

"It is a rage near the room in which I lived while in Khiva," says Mr. Langdon Warner in the Century Magazine, "was a tiger from the Oxus swamps. He had taken a dislike to me, and every time I passed his cage he got up and paced angrily toward me, snarling.

"I do the cage of this beast, at the command of the prince, a Turkoman stepped, arm wrapped in a cloak as his big round as his wrist. With this stick he struck the tiger's nose as he neared, for this, and then, with flame out and eyes fixed, he walked slowly up to the shrinking beast and stroked his face and flank.

"The tiger snarled and took the man's hand in his paws and mouth. I held my breath and looked for the bleeding arm to be dragged in. But keeping that hand perfectly still, with the other he tickled the tiger's jowl and scratched his ear, till the beast yawn and a big smart the big cat rolled over on his back to have his belly scratched.

"The man then sank to his knees, always keeping his hands in motion over the glossy fur, and with his foot drew toward him a collar attached to a chain. He slipped round the beast's neck and, rising to his feet, laid hold of the chain and dragged the tiger out.

"This was only the second time that the cage had been entered. As soon as the tiger was outside he espied the watching party and started for them, but came up short on the collar. If he had chosen to use his weight and strength no four of them could have held his tether, but as it was the Turkoman found little difficulty with him, and held him, snarling, while a camera was snapped."

THE PULPIT.

A BRILLIANT SUNDAY SERMON BY THE REV RAIMUNDO DE OVIES.

Subject: The True Religion.

Birmingham, Ala.—The following impressive discourse entitled "The True Religion" was preached in St. Andrew's Sunday morning by the Rev. Raimundo de Ovies. His text was: St. Luke xxi, 3: "Of a truth I say unto you that this poor widow hath cast in more than they all."

Mr. de Ovies said: Because religion is a feeling, an intuition, an emotion, many well meaning people mistake other emotions and feelings for this one "divine stirring of the heart."

There are some minds that can never be led to believe that religion must become an ordinary, common place and everyday matter with the true Christian. They look for some remarkable display of feeling, something beyond and above the daily and hourly emotions of life, in order that they may feel certain of having religion." In other words, they look for romance, not commonplace.

"What!" we can hear them cry, "do you mean to say that when some pious and eloquent preacher has stirred our hearts and made us realize the depth of degradation in which we have been living, until we turn with disgust from our past life, make unnumbered good resolutions and feel good all over, that we have not got religion? What more would you command?

There is only one thing which we could ask, and yet what a difficult test, "keep all the commandments."

No man is a Christian who must be standard, like one that comes once a year. Religion is for a lifetime, not a day, or a week, or even a month or two. There is nothing more deceptive than the illumination we receive from magnetic, eloquent preaching. The politician, the lawyer, even the actor has the power of compelling power over an audience, and in no way can we judge of one's religion comes into the heart from no man, it comes from God through the Spirit; many steps pointing toward the suicide's grave have been turned when the men found God cared for them. We may get beyond the reach of earthly love but not beyond our heavenly Father's reach.

I know not where his islands lift
Their fronded palms in air;
I only know I cannot drift
Beyond his love and care."

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If in need of dental work, call and talk with us and we will advise and tell you what it will cost and what the work will be. We make no charge for examination and consultation. Is one of the most complete and reliable dental offices in the state, and places you under no obligation to employ us to do your work.

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ALL WORK GUARANTEED.

COMMERCIAL COLUMN.

Review of Trade and Latest Market Reports.

New York.—R. G. Dun & Co.'s review of trade says:

The new year opens bright with gain in business circles, no exceptions being carried over, and a fairly large number fully equal sanguine anticipations. It is especially notable in dispatches from the country that there was less than the usual fall in business during the year, while bargain sales of seasons, and the modern rapidly disposing of the merchandise remaining on hand. In many industries contracts on hand are now very large and plants are full time, except when material cannot be secured or of fuel cannot be had or crowded orders cannot be forwarded to customers.

There is much complaint from interior flour mills on this account, but the better grain and other crops are helping to reach the seed promptly. To this delay may attributed part of the decrease of 2,665 in exports from this port the last week, as compared with last year ago, while imports have exceeded the very heavy record of the preceding week by $1,381,590. Many new contracts for a large number of cotton mills are reported, notably structural materials in San Francisco.

Business was depressed by accumulations at the Northwest and Southwest, but crops are favorable for the west in this country, while the general situation in this field is encouraging.

Shipments to Europe thus far this season from the interior have not reached the dimensions required by moderate crops, and the yield in Russia is a source of disappointment to the speculative interest in the markets for cereals. Minor features have been lacks vigor, speculators at the time being largely engaged in the absorption of spot cotton and of pressure against the short interest in the cotton market brought quotations and much overstanding contracts."

Wholesale Markets.

Flour—Dull and unchanged; receipts, 19,212 barrels; sales, 111 barrels.

Wheat—Spot, contract, 73¾ @74¼; spot, new 74¾@75; No. 2 red Western, 76½@ December, 73¾@74; January, 74¼@74¾; May, 77@77½; receipts, 134,684 bushels; sales, 15,000 bushels futures; 50,000 bushels spot; firm; No. 2 Western oats, 36@36½; mixed white oats, 35@36; southern yellow corn, 45@47½; Western yellow, 46@47½; receipts, 77,400 bushels; sales, 15,000 bushels futures, 40,000 bushels spot; firm; No. 2, 52¼ elevator; and 53¼ f. o. b. afloat; No. 2 white, 50¼; receipts, 39,000 bushels; sales, 20,000 bushels; spot firm; oats, 36@38; clipped white, 36@40 pounds, 38@41; sugar, 86@90.

Lard, shipping, 85@90.

Spirits turpentine, unchanged.

Molasses—Foreign steady; contracts, December, 74@74¼c. Sugar—Raw, steady; fair refining, 3 5-16; centrifugal, 96 test, 3 7-16; molasses sugar, 3 1-16; refined, steady; No. 6, 4.05; No. 7, 4.00; No. 8, 3.95; No. 9, 3.90; No. 10, 3.85; No. 11, 3.80; No. 12, 3.75; No. 13, 3.70; No. 14, 3.65; confectioners' A, 4.45; mould A, 4.60; cut loaf, 4.80; crushed, 4.80; powdered, 4.60; granulated, 4.50; cubes, 4.75.

Coffee—Spot Rio, steady; No. 7 invoice, 6½; mild, steady; Cordova, 8@11½.

Tallow, steady; city, 5; country, 5.

Potatoes, steady; Long Island, $2.50@4.50; Southern, $2.50@4.50; no prime seed; lambs, 6@8¾.

Cattle—Common to prime steers, 4.00@5.75; cows, 2.75@5.00; bulls, 2.60@5.00; calves, 2.75@8.50; stockers, 2.40@4.50.

WORTH REMEMBERING

Cayenne and pipe are rapidly losing the cigar in the estimation of the French consumer. In 1905 only 5 per cent. of the exports of 24 slaughtering and packing establishments of Chicago, were canned.

Despite still holds its own, not petroleum, gas and coal. The production of the United States during the year of 1906 amounted to 35,000,000 barrels.

Statistician estimates that the gain away yearly to rats in Indiana to nearly $60,000,000 being bestowed upon alone.

Lynchburg Central Railway which is one of the largest manufacturing plants in the city, and has been erected at a cost of $22,250,000, has just opened to traffic.

Estimated that from January 1 to December 1, 1906, a total of 1,000,000 tons of toys were sent from Germany to the United States, a 6,716 tons for the same period previous year.

NEW YORK DAY BY DAY.

Some of the Things Done Daily in the Metropolis.

"Promotion Of Sunshine."

The clerk in Yorkville Police Court called the case of Nauman against Faulhaber Thursday morning. Thereupon a hundred men and women, most of them in sombre black, rose and elbowed each other in a mad scramble to get reserved seats far in front. The clerk whispered to Magistrate Wahle that they were members of the Widows' and Widowers' Club, an organization for the promotion of sunshine in bereaved households.

"It was a cloob for der promotefulness of forgetting der memory of departed wifes und husbands," whispered a member over the desk.

There were tall thin widowers and short, stout widows, long, lanky widows and little fat widowers, handsome, poorly dressed widowers, and homely widows with bank account reputations, and others whose faces and figures were their only fortune. "Jimmy," the court attendant, thus described them:

First in line
Was Widow Klein,
Then came Widow Reilly,
With Widow Clark
And Mr. Begley.
Of him they all spoke highly.
Then Widow Cook,
With pointed chin,
Set close to Mr. Winsky,
While Widow Cook,
Who knows her book,
Sat down by Mrs. Rosinsky.
The Widow Kretz
With Mr. Gentz
Kept up a conversation
While Widow Hess,
Who talked of dress,
Created a sensation.
The Widow Bean,
With Mr. Todd
Discussed a little repeptic diet,
The cops in blue
Had much to do
To make them all keep quiet.

The club said he had no fund anywhere near that amount, and indeed, Magistrate Wahle didn't either. Taylor admitted his lack of wealth, but proposed that the loser should give a wedding ring party in twenty years, without interest.

The proposition was accepted, and the dice were placed in the box and rattled around. Jake Court, who made the note and handed it to the winner.

When they quit college each went his way into the world. Taylor became a floor walker in the lottery of Hi Chum likewise answered the call of the sea, and for a time was a steward on the steamship Bess, which plied between Boston and Portland. Then he returned to its original condition.—The Delineator.

Good Things to Eat
AND HOW TO PREPARE THEM

Asparagus Omelet — Asparagus omelet is well known. Asparagus with scrambled eggs rather less so. Beat six eggs well, add for each egg a tablespoonful of milk and beat again. Add cold asparagus cut up fine, pour in omelet and scramble until thick and creamy.

Luncheon Rolls—Make a good biscuit dough and roll it rather thinner than for biscuit. Cut into pieces three inches square. Wet the edges with cold water and in the centre of each square put a heaping tablespoonful of cooked meat, well seasoned and canopied fine. Fold the opposite corners together, pinching the edges so that they will not come apart in baking and bake for about fifteen minutes in a hot oven.

Turkey or Chicken Omelet—Separate the whites and yolks of six eggs and to the yolks add six tablespoonfuls of cold water. Beat well and season with pepper and salt. Then beat the whites to a stiff froth, fold in the yolks and beat for five minutes. Heat in one capful of turkey or chicken meat minced as finely as possible and mixed with two tablespoons of flour. Into a moderately hot pan put two tablespoons of butter, turn in the mixture and cook until a light brown.

Household Matters

To Color Steps.

Mix either whiting or red ochre to a smooth paste with cold water or skim milk, and mix this with sufficient chalk-boiled starch, spread this evenly over the steps, and leave it to dry on, without, of course, allowing it to be trodden on during that time. This, if carefully done, will bear washing once or twice.

To Pop Corn.

To pop corn successfully so that the kernels will be soft throughout, put enough in the wire popper to barely cover the bottom. Turn the cold water from the faucet over the corn and let it be saturated before placing over the fire. Shake the water from the popper, and put it in the oven to dry. Then pop over a bright fire. This is perfect popcorn and is not indigestible.

Roast Duck.

Pick and clean and singe a duck. Rub well with salt. Make a dressing of bread crumbs, apple sauce and Sultana raisins. Be careful to use enough bread crumbs to thicken the apple-sauce thoroughly. Then raisins in quantity according to taste. Fill the duck, after mixing the dressing thoroughly. Put in the oven to a good brown color. Baste often. Make a gravy of browned livers, pour over the duck and serve hot.

Dried Beef.

The most common way of serving dried or smoked beef is to shave it into thin slices, or chips, raw, but a more savory relish may be made of it with a little more trouble. Put the slices of uncooked beef into a frying pan with just enough boiling water to cover them; set them over the fire for ten minutes, drain off all the water, and with a knife and fork cut the meat into small bits. Return to the pan, which should be hot, with a tablespoonful of butter and a little pepper. Have ready some well beaten eggs, allowing four to a half pound of beef; stir them into the pan with the minced meat, and toss and stir the mixture for about ten minutes. Send to table in covered dish.

Milanese Macaroni.

Boil three ounces of macaroni and keep it hot in its own pan after draining. Take three-quarters of a pint of fowl giblets or mutton broth, a pinch of salt, an onion, sweet herbs, etc. With this make a plain cheese sauce; melt half an ounce of butter in a saucepan, stir into it a dessertspoonful of flour, mix them into a paste and by degrees add about a half of the broth; as this is warming add to it two ounces of grated cheese, with the remainder of the broth, a teaspoonful of powdered mustard, salt and spiced pepper as desired. Continue to stir the sauce until it reaches a creamy consistency; more may be removed from the fire and a few ounces of cream may be mixed in. Into a well-greased pie dish, in which the macaroni is to be served, arrange it attractively in immediately. Now delicately but with haste throughout the hot macaroni and serve.

To Renovate Ribbons.

To renovate ribbons, proceed as follows: With good, pure soap, prepare a hand (a warm suds (a hand bowl will do), and place in it all the ribbons of one color. When they have soaked for fifteen minutes, remove and spread them, piece by piece, on a smooth surface. Then, with a soft brush (an old tooth brush will do), rub until all the streaks and spots disappear. A little boiling soda will help to remove obstinate stains. Rinse out the soap suds in clear warm water. If you desire the ribbons to be as stiff as when new put a few drops of vinegar in the rinsing water.

Have the ironing board ready, and spread the ribbons between two pieces of smooth white cloth with a warm iron; press until quite dry and carefully hot iron until thoroughly dry. This method will be found excellent for satin, taffeta, gros grain, fancy satin, grain, liberty satin, mirror velvet and other ribbons—excepting plain silk velvet; these should be merely sponged—not soaked—and run quickly back and forth over the face of a hot iron (silk side next to the iron) until dry. With a clothes brush, brush up the face of the ribbon gently but thoroughly, and the old velvet ribbon will be restored to its original condition.—The Delineator.

Asparagus Soup.

Asparagus soup is delicious and appetizing when made with Franco-American Asparagus Soup. Directions on the label. Ask your grocer for it.

COSTLY PRESSURE.

Heart and Nerves Fail on Coffee.

A resident of a great Western State puts the case regarding coffee in lasts with a comprehensive brevity that is admirable. He says:

"I am 56 years old and have had considerable experience with stimulants. They are all alike—a mortgage on reserved energy at ruinous interest. As the white stimulates but does not strengthen the horse, so do stimulants act upon the human system. Feeling this way, I gave up coffee and all other stimulants and began the use of Postum Food coffee some months ago. The beneficial results have been apparent from the first. The rheumatism that I used to suffer from has left me. I sleep sounder, my nerves are steadier and my brain clearer. And I bear testimony also to the food value of Postum—something that is lacking in coffee." Name given by Postum Co., Battle Creek, Mich. There's a reason. Read "The Road to Wellville," the genial little book in pkgs.

21,797 Die Of Snake Bites.

The number of persons killed in India in 1905 by wild beasts was 2,604, as against 2,157 in the previous year, and the number of deaths reported from snake bites (21,797) is also a little smaller than that of 1904.

A feature of the 1905 returns is the increase in the number of deaths, both of human beings and cattle, attributed to leopards. It is suggested by a writer in Bailey's Magazine that these beasts seek their prey more readily than they used to do in the neighborhood of villages. The fact that more licenses to possess firearms were held in 1905 than in the previous year may be noticed; but it has long been recognized that it is impossible to discover any relation between the number of firearms in native hands and the number of deaths from wild beasts.

During 1905 more dangerous wild beasts were killed than in 1904. The official figures are: tigers, 1,355; leopards, 4,811; bears, 2,236; wolves, 2,016, and hyenas, 554. Well-known man-eating tigers were killed in several districts. A regular crusade against wolves has been carried on in parts of the Central Provinces, where these animals are most numerous and most troublesome.—N. Y. Sun.

Work For Small Salaries.

Theodore Gill, the world's greatest authority on fishes, thanks for now the United States Government, receiving $1 a month for his services. He is a rich man, on whom many universities have conferred titles and degrees. Dr. Harrison G. Dyer, another wealthy man, who knows more about mosquitoes than any other living person, devotes much of his time to the same work, receiving $25 a month. Gifford Pinchot, a millionaire, is head of the United States forestry service. He is comparatively well paid, his salary being $45 per annum.

Several other rich men are on the government payroll at ridiculous figures, working for the pleasure of "doing things," as President Roosevelt puts it.—Philadelphia Record.

Conditional.

Her—I'm not sure that I want to marry you, but I'm willing to enter into a conditional engagement.

Him—What are the conditions?

Her—If I meet any one I like better than you, I'll break the engagement.

Him—And suppose I should meet a girl I like better than you?

Her—Oh, then I shall sue you for each of promise.—Chicago News.

UTTERLY WORN OUT.

Vitality Sapped by Years of Suffering With Kidney Trouble.

Capt. J. W. Hogun, former postmaster of Indianola, now living at Austin, Texas, writes: "I was afflicted for years with pains across the loins and in the hips and shoulders. I had headache also; sometimes I suffered so much I could not sleep for years. The constant flow of urine kept my system depleted, causing chills and night sweats. After trying seven different kinds and using all kinds of medicine I had the good fortune to hear of Doan's Kidney Pills. This remedy had cured me. I am as well to-day as I was twenty years ago, and my eyesight is perfect."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

"Twenty Years From Date."

When Hobart Chatfield-Chatfield of the Chicago millionaire, social leader, and author, was in college a good many years ago he had a roommate, who, like himself, was fond of a game of chance during the off hours, from study. One evening after they had indulged in throwing dice at a cent a throw, Chatfield-Chatfield Taylor, who, on the day of the note's maturity, sent his friend a check for the amount. The person who tells the story says the winner told him that "neither of us, I am sorry to say, slightest idea at the time that the maker of that note would ever be able to pay it."—Exchange.

You can always tell who is winning an argument by the way he doesn't need to shout.

Men have awful poor memories about where they really were when they tell their wives they were working late at the office.

Many a man walks and runs a risk at the same time.

Piles Cured in 6 to 14 Days.
Pazo Ointment is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

Remember the poor; the rich never forget themselves.

Itch cured in 30 minutes by Woolford's Sanitary Lotion; never fails. Sold by Druggists. Mail orders promptly filled by W. E. Detchon Med. Co., Crawfordsville, Ind. $1.

Telegraph operators do business on a sound basis even if it is on tick.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Oh, by the way, have you reserved a seat on the new water wagon?

To Cure a Cold in One Day
Take Laxative Bromo Quinine Tablets. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Beware of the man who is envious of the happiness of others.

Do You Think For Yourself?

Or, do you open your mouth like a young bird and gulp down whatever food or medicine may be offered you?

An intelligent thinking woman, in need of relief from weakness, nervousness, pain and sickness, will want to know about that there is one tried and true honest medicine or nature compound, sold by druggists for the cure of woman's ills.

The makers of Dr. Pierce's Favorite Prescription, for the cure of weak, nervous, run-down, over-worked, debilitated, pain-racked women, know the medicine to be made up of ingredients, every one of which has the strongest possible indorsement by the leading and standard authorities of the several schools of practice, as perfectly safe, and in fact, are only too glad to print, as they do, the formula, list of ingredients and all that it is composed, on plain English, on every bottle-wrapper.

The formula of Dr. Pierce's Favorite Prescription will bear the most critical examination of medical experts, for it contains no alcohol, narcotic or habit-forming, harmful drugs, and no agent enters into it that is not highly recommended by the most advanced and leading medical teachers and authorities of these several schools of practice. These authorities recommend the ingredients of Dr. Pierce's Favorite Prescription for the cure of exactly the same ailments for which that wonderful medicine is advised.

No other medicine for woman's ills has any such professional endorsement as Dr. Pierce's Favorite Prescription has received, in the unqualified recommendation of each of the several ingredients by scores of leading medical men of all the schools of practice. Is such an endorsement not worthy of your consideration?

A booklet of ingredients, with numerous authorsitive professional endorsements by the leading medical authorities of this country, will be mailed free to any one sending name and address with request for same. Address Dr. R. V. Pierce, Buffalo, N. Y.

Wise men ascertain what is on the other side of the hurdle before jumping at conclusions.

Always Be Depended Upon.

When a person gets in the morning with a dull headache and a tired, stretchy feeling, it is an almost certain indication that the liver, or bowels, or both, are decidedly out of order.

At such times Nature, the wisest and best of all doctors, takes the means to give warning that she needs the help and gentle assistance which can best be obt